



Discovering the Leader in You



**1
week
course**



Offered in English for students aged 14-18



Leadership training in the morning



**A magical spot to soak up the Sicilian sun
in the afternoon**



Giga
International House
Catania



COACHING
TRAINING
DEVELOPMENT

HOW WILL THIS HELP STUDENTS?



21st Century skills required for success in higher education and beyond:

"This course was amazing! It helped us to become real leaders. I learnt how to achieve my goals, how to communicate with others, to listen, share ideas and always give your best."
Francesco, age 17

CRITICAL THINKING



CREATIVITY



COLLABORATION



COMMUNICATION



INITIATIVE



PERSEVERANCE



FLEXIBILITY



LEADERSHIP



SELF AWARENESS



CURIOSITY



STUDENTS WILL...



Learn how to set goals and create an action plan to achieve them



Participate in activities and mini-projects



Work in teams and practise new strategies and techniques



Improve their English speaking fluency



Receive individual attention: only 12 students max per class



Earn a certificate of attendance

THE PROGRAMME

Awake the leader in you!

Leadership course 09:30 to 12:30



THE LEADER IN YOU
From "follower" to "leader"



VISION & GOALS
Turn ideas into action plans



TEAM BUILDING
How to motivate and inspire others



CRITICAL THINKING & PROBLEM SOLVING
Analyse and assess situations
Find new solutions



EFFECTIVE COMMUNICATION
Listen, share ideas and negotiate

Monday

Tuesday

Wednesday

Thursday

Friday

DISCOVER ETNA



WATER SPORT LESSON



CATANIA WALKING TOUR



BOAT TRIP IN ACITREZZA



THEME PARK



Work hard, play hard!

13:30 to 18:30

Activities include: packed lunch, transfers to/from accommodation and an activity leader.

DATES, ACCOMMODATION & FEES



Dates

From 26 June to 2 July 2022



Accommodation

Le Dune Sicily Hotel, Catania
<https://ledunesicilyhotel.it/>

Double or Triple rooms



Fees

Option 1: € 1070 (in a triple room)
Option 2: € 1160 (in a double room)

The fees include:

- 6 nights;
- meals (from Sunday 26 June dinner to Saturday 2 July breakfast);
- leadership course;
- social programme;
- 24-hour supervision;
- transfer to/from airport.



Requirements

Ages 14-18

English level: B1+ CEFR



ABOUT THE COURSE DESIGNER AND INSTRUCTOR

Palmina La Rosa

- Giga International House Catania Owner and Director;
- Certificate of Merit in NSL Coaching (approved by ICF - International Coach Federation);
- Leadership and Management Workshops at The Living Centre Clinique - London;
- Diploma in Educational Management at IH London;
- Certificate in High Impact Leadership issued by the University of Cambridge Institute of Sustainability Leadership;
- Career guidance specialist accredited by ASNOR (the Italian Association of Career Guidance Specialists and Advisers).



SUN AND FUN IN SICILY!

EXPERIENCE ITALIAN CULTURE AND HISTORY

ENJOY OUR UNIQUE CLIMATE

GO FOR A 5 KILOMETRES STROLL ALONG SANDY BEACHES

INDULGE IN ITALIAN CUISINE

CLIMB MOUNT ETNA AND SEE AN ACTIVE VOLCANO UP CLOSE

EXPLORE ACITREZZA: BOAT TRIP THROUGH BLACK LAVA STONES!



SEE YOU THIS SUMMER!

Airport: CTA Fontanarossa (20 min. by car from the school).

Transfers to/from airport included.

Daily flights from Europe: Ryanair, Easyjet, Vueling and more...



**PLACES ARE LIMITED!
CONTACT US TO SIGN UP NOW**

CONTACT US

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TRAINING
DEVELOPMENT

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Authorised Exam Centre

